

# LEARNING IN THE OUTDOORS

## Foundation

### STUDENTS AT THIS STAGE:

Typically, students in Foundation year are curious about nature. There is an opportunity to encourage this curiosity and develop skills and knowledge to safely move in and enjoy a range of outdoor settings. Fresh air and outdoor play alone and in groups are essential components of a child's development. Children begin to develop awareness and respect for other and learn about the role and place of natural things. They learn to explore without leaving an impact on nature and develop empathy towards other living things.

Four dimensions underpin outdoor learning in the Australian Curriculum:

#### \*SKILLS AND KNOWLEDGE

A range of skills and knowledge is needed to work together and be active and safe in the outdoors.

#### \*HUMAN-NATURE RELATIONSHIPS

An individual's experience in natural environments enhances human-nature relationships.

#### \*CONSERVATION AND SUSTAINABILITY

Ecological and cultural knowledge and experiences in nature enhance decision-making about conservation and sustainability.

#### \*HEALTH AND WELLBEING

Experiences in natural environments promote personal growth and development; and health and wellbeing.

*\*for more detail about each dimension, see the [Australian Curriculum: resources site](#).*

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### SKILLS AND KNOWLEDGE

#### HEALTH AND PHYSICAL EDUCATION

- Identify people and demonstrate protective behaviours and other actions that help keep them safe and healthy (ACPPS003)
- Practise personal and social skills to interact positively with others (ACPPS004)
- Identify actions that promote health, safety and wellbeing (ACPPS006)
- Practise fundamental movement skills and movement sequences using different body parts (ACPMP008)
- Participate in games with and without equipment (ACPMP009)
- Cooperate with others when participating in physical activities (ACPMP012)
- Test possible solutions to movement challenges through trial and error (ACPMP013)

#### SCIENCE

- Science involves observing, asking questions about, and describing changes in, objects and events (ACSHE013)
- Pose and respond to questions about familiar objects and events (AC SIS014)
- Participate in guided investigations and make observations using the senses (AC SIS011)
- Engage in discussions about observations and represent ideas (AC SIS233)
- Share observations and ideas (AC SIS012)

#### ABORIGINAL AND TORRES STRAIT ISLANDER HISTORIES AND CULTURES

- Aboriginal and Torres Strait Islander Peoples' family and kinship structures are strong and sophisticated
- Aboriginal and Torres Strait Islander Peoples' ways of life are uniquely expressed through ways of being, knowing, thinking and doing

#### PERSONAL AND SOCIAL CAPABILITY

##### Self-management

- Identify situations that feel safe or unsafe, approaching new situations with confidence
- Undertake and persist with short tasks, within the limits of personal safety

##### Social management

- Share experiences of cooperation in play and group activities
- Identify cooperative behaviours in a range of group activities

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### HUMAN-NATURE RELATIONSHIPS

#### HUMANITIES AND SOCIAL SCIENCES

##### Geography sub-strand

The reasons why some places are special to people, and how they can be looked after (ACHASSK017)

Interpret data and information displayed in pictures and texts and on maps (ACHASSI007)

#### SCIENCE

Daily and seasonal changes in our environment affect everyday life (ACSSU004)

#### PERSONAL AND SOCIAL CAPABILITY

##### Self-awareness

Reflect on their feelings as learners and how their efforts affect skills and achievements

Reflect on what they have learnt about themselves from a range of experiences at home and school

##### Social awareness

Describe ways they can help at home and school

Describe how they contribute to their homes, classrooms and local communities, and how others care for and assist them

#### ABORIGINAL AND TORRES STRAIT ISLANDER HISTORIES AND CULTURES

Aboriginal and Torres Strait Islander Peoples' family and kinship structures are strong and sophisticated

#### SUSTAINABILITY

World views that recognise the dependence of living things on healthy ecosystems, and value diversity and social justice, are essential for achieving sustainability.



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### CONSERVATION AND SUSTAINABILITY

#### SCIENCE

Living things have basic needs, including food and water (ACSSU002)

#### CRITICAL AND CREATIVE THINKING

##### Reflecting on thinking and processes

Connect information from one setting to another  
Use information from a previous experience to inform a new idea

##### Analysing, synthesising and evaluating reasoning and procedures

Share their thinking about possible courses of action

#### HUMANITIES AND SOCIAL SCIENCES

##### Geography sub-strand

The Aboriginal or Torres Strait Islander Country/Place on which the school is located and why Country/Place is important to Aboriginal and Torres Strait Islander Peoples (ACHASSK016)

Reflect on learning to propose how to care for places and sites that are important or significant (ACHASSI009)

#### ETHICAL UNDERSTANDING

##### Reasoning in decision-making and actions

Identify examples from stories and experiences that show ways people make decisions about their actions

Discuss how people make decisions about their actions and offer reasons why people's decisions differ

#### INTERCULTURAL UNDERSTANDING

##### Recognising culture and developing respect

Share ideas about self and belonging with peers

Identify and describe the various groups to which they belong and the ways people act and communicate within them

#### ABORIGINAL AND TORRES STRAIT ISLANDER HISTORIES AND CULTURES

Aboriginal and Torres Strait Islander Peoples' ways of life are uniquely expressed through ways of being, knowing, thinking and doing

#### SUSTAINABILITY

Students develop the knowledge, skills, values and world views necessary to contribute to more sustainable patterns of living.

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### HEALTH AND WELLBEING

#### HEALTH AND PHYSICAL EDUCATION

- Identify personal strengths (ACPPS001)
- Identify and describe emotional responses people may experience in different situations (ACPS005)
- Identify actions that promote health, safety and wellbeing (ACPPS006)
- Participate in play that promotes engagement with outdoor settings and the natural environment (ACPPS007)

#### HUMANITIES AND SOCIAL SCIENCES

##### Geography sub-strand

The places people live in and belong to, their familiar features and why they are important to people (ACHGK002)

#### ABORIGINAL AND TORRES STRAIT ISLANDER HISTORIES AND CULTURES

Aboriginal and Torres Strait Islander Peoples live in Australia as first peoples of Country or Place and demonstrate resilience in responding to historic and contemporary impacts of colonisation.

##### HPE elaboration

- playing traditional Aboriginal and Torres Strait Islander games such as Kolap using natural materials

#### PERSONAL AND SOCIAL CAPABILITY

##### Self-awareness

- Identify their likes and dislikes, needs and wants, and explore what influences these
- Identify and describe personal interests, skills and achievements and explain how these contribute to family and school life

#### SUSTAINABILITY

All life forms, including human life, are connected through ecosystems on which they depend for their wellbeing and survival.

outdoors is fun  
birds  
trees  
clouds

